

What is claimed is:

1. A method for the treatment of psoriasis, said treatment comprising topically applying to the affected skin areas a topical composition containing an effective amount of reduced glutathione.
2. The method according to claim 1 wherein said composition contains from 16% to 70% glutathione by weight.
3. The method according to claim 2 wherein said composition contains from 35% to 70% glutathione by weight.
4. The method according to claim 2 wherein said composition contains from 16% to 35% glutathione by weight.
5. The method according to claim 2 wherein said composition contains from 16% to 35% glutathione by weight.
6. The method according to claim 2 wherein said composition contains from 20% to 35% glutathione by weight.
7. The method according to claim 2 wherein said composition contains from 35% to 60% glutathione by weight.
8. The method according to claim 2, wherein said composition further comprises alpha lipoic acid.
9. The method according to claim 2 wherein said composition further comprises a dermatologically acceptable carrier.
10. The method according to claim 9 wherein said composition contains 45 milligrams of glutathione per milliliter of the carrier.
11. The method according to claim 9 wherein the carrier is a solution, dispersion, cream, lotion, gel or solid stick.

12. A method for the treatment of inflammatory skin conditions, said treatment comprising topically applying to the affected skin areas a topical composition containing an effective amount of glutathione.

13. The method according to claim 12 wherein said composition contains from 16% to 70% glutathione by weight.

14. The method according to claim 13 wherein said composition contains from 35% to 70% glutathione by weight.

15. The method according to claim 13 wherein said composition contains from 16% to 35% glutathione by weight.

16. The method according to claim 13 wherein said composition contains from 16% to 35% glutathione by weight.

17. The method according to claim 13 wherein said composition contains from 20% to 35% glutathione by weight.

18. The method according to claim 13 wherein said composition contains from 35% to 60% glutathione by weight.

19. The method according to claim 13, wherein said composition further comprises alpha lipoic acid.

20. The method according to claim 12 wherein said composition further comprises a dermatologically acceptable carrier.

21. The method according to claim 20 wherein said composition contains 45 milligrams of glutathione per milliliter of the carrier.

22. The method according to claim 20 wherein the carrier is a solution, dispersion, cream, lotion, gel or solid stick.

23 A method for the treatment of inflammatory skin conditions, said treatment comprising topically applying to the affected skin areas a topical composition containing an effective amount of one or more of glutathione and glutathione precursors.

24. A composition for treatment of inflammatory skin conditions, comprising:  
a carrier  
reduced glutathione;  
alpha lipoic acid.

25. A composition in accordance with claim 24, comprising:  
25% to 60% by weight glutathione  
0.5% to 5% by weight alpha lipoic acid.